

From Council:

# Community Recovery Update

## Summer 2023 - 24

For all enquiries and requests, contact Council on 1300 666 535.



Campaspe Shire Council wishes everyone a merry Christmas, and a safe and happy festive season!

### Thank You!

The October 2022 flood was a defining event in Campaspe Shire's history but what defines our communities are the qualities of our people and the spirit of our towns to help each other in times of need. While the recovery process is still ongoing for many residents, businesses and communities, much progress has been made since the floods because of people working together to help those impacted rebuild their lives and livelihoods, mend the social fabric of towns, reignite businesses and local economies, repair beloved community facilities, restore the natural environment, and strengthen community resilience for the future. And for this, we thank you.

### Your Recovery Hub

#### Dedicated Team

The Campaspe Shire Recovery Hub, located at 48 Mackay Street, Rochester, is the primary place for people to access information, services and other support they need for flood recovery. The hub is open Monday to Friday from 8.30am – 5pm.



You're welcome to drop in at anytime during opening hours (no appointment needed) for a chat with our friendly dedicated Recovery team. Otherwise, call 1300 666 535 and press 2, or email [shire@campaspe.vic.gov.au](mailto:shire@campaspe.vic.gov.au).

Please note that the Recovery Hub will close for the Christmas/new year break on Friday, 22 December 2023 and reopen on Tuesday, 2 January 2024.

#### Dedicated Spaces

The Recovery Hub has several interview rooms for confidential discussions and a larger multipurpose room for meetings and training sessions.



The multipurpose room has a kitchenette, digital TV and AV equipment, and seating for 12 people. Community groups and organisations can book the space for after-hours' sessions.

### Community Outreach

Council's Recovery team visits flood-impacted towns across Campaspe Shire. Come along to a pop-up session to ask a question, discuss a concern or get some information. Or join us at a Lunch 'n Link session and speak to attending representatives from our recovery service partners, such as Anglicare, Echuca Regional Health, Partners in Wellbeing, Mind Australia and AgBiz Assist, to name a few.



To find out about upcoming events, visit [www.campaspe.vic.gov.au/recovery](http://www.campaspe.vic.gov.au/recovery) and click on 'Flood recovery events'.

### Waste Services

Council's waste services in flood-affected communities have now returned to normal operation. Although flood waste is no longer received free of charge at Council resource recovery centres, sandbags will continue to be accepted at no cost for quantities of less than three cubic metres. If you have a flood waste enquiry, please contact the Recovery Hub on 1300 666 535 and press 2, or email [shire@campaspe.vic.gov.au](mailto:shire@campaspe.vic.gov.au).

### Recovery Online

For information and resources on recovery health and wellbeing, planning and building matters, waste as well as the latest events and information sessions, visit [www.campaspe.vic.gov.au/recovery](http://www.campaspe.vic.gov.au/recovery).

## Flood Recovery Phone Guide

Keep the below telephone numbers handy for future reference. Please note that some services and/or phone numbers may not be staffed during the Christmas/new year break.

Flood Recovery	
<b>Small business support</b> Free, confidential, one on one support to improve financial, business and emotional wellbeing <a href="http://www.partnersinwellbeing.org.au/small-business-support">www.partnersinwellbeing.org.au/small-business-support</a>	1300 375 330

Flood Assistance	
<b>Flood Recovery Hotline (Victoria)</b> <ul style="list-style-type: none"> <li>clean-up services</li> <li>finding a place to stay</li> <li>financial support</li> <li>mental health and wellbeing support</li> </ul> The hotline is open from 8.30am - 5pm, Monday to Friday	1800 560 760
<b>AgBiz Assist</b> Service for small business and primary producers	1300 834 775

Emergency Food & Relief - Material Aid	
<b>Kyabram Community Learning Centre</b>	5852 0000
<b>St Vincent de Paul</b> <ul style="list-style-type: none"> <li>Rochester</li> <li>Echuca</li> <li>Kyabram</li> <li>Rushworth</li> </ul>	5484 3584 5480 7621 5853 2473 0417 597 468
<b>Salvation Army</b> <ul style="list-style-type: none"> <li>Rochester</li> <li>Echuca</li> <li>Kyabram</li> </ul>	5484 1364 5482 6722 5853 2684
<b>Njernda Family Services</b>	5480 6252
Rochester Community House	5484 3600
Kyabram Community & Learning Centre	5852 0000
Girgarre Community Cottage	5854 6482
Tongala Community Activities Centre	5859 1268
Rushworth Community House	5856 1295
Echuca Neighbourhood House	5482 6914
Crossenvale Neighbourhood House	5480 3583
<b>Carers Support Services Bendigo Health</b>	1800 068 978

Mental Health Support	
Reach out to someone you trust to assist you to get help	
Ring Mental Health triage for hospital crisis and suicide support	1300 363 788 1800 800 744 (NSW)
Ring LifeLine or Suiceline	13 11 14 1300 657 251
For immediate danger or concern	000

Campaspe Shire Council's Flood Recovery Program is generously funded by the State of Victoria through Emergency Recovery Victoria's Recovery Hubs Program in response to the October 2022 flood event which impacted Victorian communities in the Shire of Campaspe.

Keeping Mentally Well	
<b>HeadtoHealth</b> Talk with a trained mental health professional who will work with you to develop support services <a href="http://www.headtohealthvic.org.au">www.headtohealthvic.org.au</a>	1800 595 212
<b>Partners in Wellbeing</b> One-on-one wellbeing coaching and support to people 16+ experiencing stress, anxiety, worry or being overwhelmed	1300 375 330
Echuca Regional Health wellbeing group supports – Drumbeat, parenting programs, community inclusion group, mindfulness etc	5485 5800
Child Wellbeing - Family Services	
<b>The Orange Door Loddon</b> 486 High St Echuca 57 View St Bendigo	1800 512 359
<b>Child protection services</b>	13 12 78 (Victoria) 13 21 11 (NSW)

Family Violence	
<b>The Orange Door Loddon</b> 486 High St Echuca 57 View St Bendigo <a href="http://www.orangedoor.vic.gov.au">www.orangedoor.vic.gov.au</a>	1800 512 359
<b>Safe Steps</b> Referral to family violence services – Victoria	1800 015 188
<b>1800 Respect</b> Support and case management for sexual assault and family violence	1800 737 732

Rural/Farming	
<b>Agriculture Victoria</b>	136 186
<b>Rural Financial Counselling Services</b>	1300 834 775
<b>Rural Aid</b> <a href="http://www.ruralaid.org.au">www.ruralaid.org.au</a>	1300 327 624
<b>Australian Government Farmer Assistance hotline</b>	132 316

Support Line/Counselling 24/7	
<b>Lifeline</b> Crisis support, suicide prevention and mental health	13 11 14 or text 0477 13 11 14 (24/7)
<b>Beyond Blue</b> Immediate help for depression and anxiety	1300 224 636
<b>Kids helpline</b> Counselling for young people aged 5-25	1800 55 1800
<b>QLife</b> LGBTIQA+ peer support and referral	1800 184 527
<b>Directline</b> Alcohol and drug counselling and support	1800 888 236
<b>Yarning Safe'n'strong</b> Social and emotional wellbeing for Aboriginal Victorians	1800 959 563
<b>Dardi Munwurro - Brother to Brother</b> Crisis line for Aboriginal men	1800 435 799