

From Council:

# Community Recovery Update

## Winter 2024

For all enquiries and requests, contact Council on 1300 666 535.



### Welcome to the winter instalment of the Community Recovery Update.

This edition features:

- Municipal Recovery Committee update
- Library School Holiday program in Rochester
- Wellbeing corner
- Events happening in Rochester!
- Rochester Flood Study

For any questions or enquiries, visit Council's website or call Council on 1300 666 535.

Enjoy!



## Recovery Hub

Campaspe Shire's Recovery Hub is located at 48 Mackay Street, open Monday – Friday from 8.30am to 5pm.

After hours appointments are available from 5 - 7pm on Thursdays, by appointment only.

To speak with the team visit the Hub in person, call 1300 666 535 or email [shire@campaspe.vic.gov.au](mailto:shire@campaspe.vic.gov.au).

## Municipal Recovery Committee

The Municipal Recovery Committee continues to meet monthly to plan recovery efforts, advocate and engage on behalf of the community regarding issues from the October 2022 floods.

The Committee, with links to local and regional emergency management partners, provides a mechanism for community and interest groups within the shire who were affected by the October 2022 floods direct access to the recovery process.

The most recent meeting was held on Monday, 17 June. The Committee endorsed the Campaspe Municipal Recovery Plan. This Plan provides an overview of recovery activities to be delivered across Campaspe Shire in response to the October 2022 Floods.

This Plan will be reviewed annually or in response to changing circumstances or the release of new information such as the findings from the Parliament of Victoria Inquiry into the 2022 Flood Event in Victoria.



## Rochester Library Reopened!

The Rochester Service Centre and Library relocated back to Mackay Street in May after refurbishments on the flood affected building were completed. To welcome them home, enjoy a range of school holiday activities coming soon!

### Storytime

Tuesday, 2 July from 10.30am

3 – 5 years

A fun way to boost pre-school children's confidence, reading and readiness skills. Make friends, enjoy stories, learn rhymes and get crafty.

### LEGO and Games

Tuesday, 2 July from 1-4pm

All ages welcome

Choose a game to play or build an amazing LEGO structure!

### Clay Pots

Wednesday, 3 July from 3pm

Ages 5+

Using air-dry clay, create and decorate your own dish to hold your special treasures or make a gift for someone special.

### All Day LEGO and Games

Thursday, 4 July from 9am (all day)

All ages welcome

Choose a game to play or build an amazing LEGO structure!

### Make a Football

Friday, 5 July from 2.30-4.30pm

Ages 5+

Use upcycled, preloved sport tops as fillable footy pockets. Children will fill their footy pockets with textiles and learn how to sew them closed.

### All Day LEGO and Games

Tuesday, 9 July from 9am (all day)

All ages welcome

Choose a game to play or build an amazing LEGO structure!

### NAIDOC Activity

Wednesday, 10 July from 1pm

Ages 5+

Decorate a wooden map of Australia with indigenous designs.

### All Day LEGO and Games

Thursday, 11 July from 9am (all day)

All ages welcome

Choose a game to play or build an amazing LEGO structure!

### Pebble Magnets

Friday, 12 July from 2pm

Ages 5+

Decorate glass pebbles and turn them into magnets to display special notes and achievements on your fridge.

To book for any of these activities, visit [www.campaspe.vic.gov.au/library](http://www.campaspe.vic.gov.au/library).

## Wellbeing Corner

### Phoenix Australia Disaster Mental Health Hub

In the aftermath of disaster, some individuals may experience psychological distress, or a heightened pre-existing mental health disorder. Phoenix Australia helps develop information, resources and training to assist in the recovery of disaster impacted individuals experiencing a range of mental health responses.





# Events Happening in Rochester!

## Rochester Community House

### Community Dinners

Monday from 6pm at Rochester Shire Hall.

### Foodshare

Tuesday and Thursday from 11am – 1pm.

### The Rochester Men's Shed

Monday, Tuesday and Thursday from 9am – 12noon.

### Wellbeing with Bern Wright

Bern brings a wealth of knowledge, experience and skills in the mental health and wellbeing space. Appointments can be made with Bern by calling the Rochester Community House on 5484 3600.

## Rochester Business Network

### Business Breakfast

Friday, 26 July from 7am at Willow Café.

The business breakfasts are a chance for likeminded businesspeople to meet, make connections and support each other.

### Rochester Sports Museum presents Shane Warne Legacy Heart Station

Thursday – Sunday from 10am – 3pm.

## Upcoming Events

### Make A Change Australia presents Let's Talk About BIG Weather

Big weather events are happening more often, prompting us to seek new ideas, solutions and approaches for the future. Join the conversation around impacts on the Loddon Mallee community.

- Living and Resilient Homes – Wednesday, 17 July from 5.30 – 7pm at The Mill, Echuca
- Women Strengthening Towns – Friday, 9 August from 5.30 – 7pm at Rochester Shire Hall

### Rock n' Roll Dance

Sunday, 7 July from 7 - 10pm at Rochester Shire Hall.

Join us for the Rock n' Roll Dance! Residents participating in the Rock n' Roll dance lessons taking place in June will also have the opportunity to show their newly learnt moves at the dance, with entertainment from Jefferson Smith and David Tarrant. Please note, this event is alcohol free.

Visit the events directory to register your attendance.

### HALT Tradie Wellbeing

19 and 20 September in Echuca.

More details to follow.

HALT is an organisation passionate about providing tradies with the tools and knowledge to have tough conversations about mental health and support their mates.

The 'Save Your Bacon' breakfasts help bust myths surrounding mental health and suicide, give you tips on how to be a good listener, access to local and national support services and teach you to support your own wellbeing.

### Dr Michael Carr-Gregg

23 October in Echuca and 24 October in Rochester.

More details to follow.

Following his success and impact of his 2023 session, Dr Michael Carr-Gregg is returning to Rochester in October.

Dr Michael Carr-Gregg is one of Australia's leading psychologists, author, broadcaster and specialises in parenting, children, adolescents and mental health.

Throughout his career, he's penned 17 books on adolescent, mental health and wellbeing and founded the teenage cancer patients support group, Canteen, along with many other notable achievements.

Join Dr Carr-Gregg as he supports the community through mental health challenges and crisis.



## Content Call Out

If you would like to include your upcoming community event in this quarterly newsletter, please email your content to [recovery@campaspe.vic.gov.au](mailto:recovery@campaspe.vic.gov.au).



# Rochester Flood Study

Campaspe Shire Council has appointed HARC Services to review the 2013 Rochester Flood Management Plan and investigate potential flood mitigation options including those identified in the Lake Eppalock report HARC completed for DEECA.

The Rochester Flood Study will extend along the Campaspe River flood plain from downstream of Lake Eppalock to the outskirts of Echuca and include all of the breakout flow paths from the main river channel.

The Rochester Flood Management Plan review will be conducted in two sequential stages comprising:

## 1. The Flood Study

This stage aims to develop and calibrate the computer models used to simulate flooding behaviour and produce the 'design' flood inundation mapping for existing conditions. Flood information from the 2011, 2022 and 2024 floods will be collected and used to make sure the model accurately replicates the flood behaviour of those events.

The model will then be used to produce a set of inundation maps ranging from the very small 20% AEP\* (5 year) flood event through to the 0.2% AEP\* (500 year) event.

HARC will be seeking information from the community as well as official records on the depths and extents of previous flooding to ensure the accuracy of the computer model which will underpin assessment of all of the potential mitigation options. This will take about 8 to 10 months to complete. (\*Annual Exceedance Probability)

## 2. Flood Risk Management Plan

The second stage will follow the Flood Study, where all potential mitigation options suggested by the community and identified by the engineers will be assessed including the options identified in the Lake Eppalock study. This will also review the flood warning system and provide flood related information for the community and emergency services so they are better able to respond. It is expected the study will be completed in late 2025.

Following an expression of interest process, a Community Reference Committee has been established as a sounding board and link with the community during the study. In addition, community drop-in sessions will be conducted to inform the community and seek assistance with data gathering and 'ground proofing' the modelled results. The first of these is scheduled for the 16 & 17 July in Rochester. Invitations and details will be circulated shortly.

Any questions may be directed to the Campaspe Shire Council Project Manager, John McCartney at [j.mccartney@campaspe.vic.gov.au](mailto:j.mccartney@campaspe.vic.gov.au) or on 0418 170 037.

Stay up to date on this project via Council's website, [www.campaspe.vic.gov.au/rochesterfloodstudy](http://www.campaspe.vic.gov.au/rochesterfloodstudy), or by calling 1300 666 535 or visiting any of our service centres.